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Epilepsy

Samari Rolle, cornerback for the Baltimore Ravens recently revealed that he was diagnosed with epilepsy. Epilepsy is a neurological disorder where normal neuronal activity is interrupted resulting in strange sensations, emotions, behavior or convulsions, muscle spasm, loss of consciousness and seizure [<http://en.wikipedia.org/wiki/Epilepsy>]. Being diagnosed with epilepsy changes someone's life; it is up to that person to not let epilepsy have control over their life. Rolle is the epitome of this philosophy. He has epilepsy but he still continues to play professional football for the Baltimore Ravens. Rolle says being diagnosed with epilepsy has driven him to appreciate life. Someone with epilepsy and someone without epilepsy can value one another. Someone without epilepsy can learn to appreciate more in life due to the challenges they see a person with epilepsy go through and someone with epilepsy can be an inspirational figure to others who feel as if though they can not move on due to obstacles in their way.

People endure problems everyday. When people see others go through trials and tribulations it allows them to sit back and appreciate what they have. Some people only see the tangible things in life, not the things that are more valuable. Learning about epilepsy and understanding it allows people without epilepsy to realize that their life is not as tough as they may believe it to be. This leads them to appreciate what they have already been given, as opposed to what they have not. Not only can people without epilepsy learn from the disease, but epileptics can also inspire others.

A person with epilepsy can inspire someone without epilepsy to move forward and overcome their own obstacles. People with epilepsy do not know when they are about to have a seizure. In some patients, seizures are triggered by flashing lights, stress, or lack of sleep. There are authors, athletes, and doctors who have epilepsy. When others see that someone can have a seizure at any moment and succeed in spite of that fear, it inspires others to believe that they can too. Rolle receives letters all the time explaining to him what an inspiration he is. When people go through vicissitudes in their life they seek an inspiration to move forward. Successful epileptics can be that inspiration.

People with and without epilepsy can benefit from working with each other. They are significant to one another because a person without epilepsy can learn to appreciate life and someone with epilepsy can be an inspiration to others. People with epilepsy can become motivators to people that experience struggle, and feel that they physically or emotionally can not go forward. Someone who is educated about epilepsy can learn to be more grateful for their life. Epilepsy is not just a disease; it could be a sense of appreciation for life and an inspiration to others.