



## ***Not Another Moment Lost to Seizures 2009*** **Program Description & Agenda**

### **Date & Location**

When: Saturday, November 7, 2009

Time: 8:30 a.m. – 4:30 p.m.

Where: *Metro United Way* – 334 East Broadway, Louisville, Kentucky 40202

Cost: **FREE**

Breakfast and a boxed lunch will be provided to all attendees. Please specify your choice of turkey, ham, roast beef, or veggie sandwich for your boxed lunch when you register.

### **About the Conference**

The *Not Another Moment Lost to Seizures 2009* conference is designed for individuals affected by seizures/epilepsy and their families to help them find answers, gain solutions, and meet others also affected by epilepsy. A separate program for school age children affected by epilepsy and their siblings will be offered. The conference has been designed to meet the needs of EVERYONE affected by this medical condition.

### **Teen & Adult Sessions**

**8:30 a.m. – 9:00 a.m.**

Registration, continental breakfast, networking, and Welcome

**9:00 a.m. – 9:50 a.m.**

**General Session: Key Note Address**  
***Therapeutic Switching: What You Need to Know***

Meriem Bensalem-Owen, M.D.  
Associate Professor, Neurology  
*University of Kentucky*

**10:00 a.m. – 10:50 a.m.**

**Option 1**  
***Epilepsy 101 – Understanding Epilepsy & Seizures***

Beth Blakeley, M.S.  
Director of Education  
*Epilepsy Foundation of Kentuckiana*

**Option 2**  
***Spells that are Not Epilepsy***

Christopher Shafer, M.D.  
Epileptologist  
*University of Louisville*

**11:00 a.m. – 11:50 a.m.**

**Option 1**

***Advocacy & Legal Rights***

Heidi Schissler, Esq.  
*Kentucky Protection & Advocacy*  
Frankfort, Kentucky

**Option 2**

***Beyond Seizures – Other Issues***

Mandiye Wood  
*H.O.P.E. Program Mentor & Epilepsy Advocate*

**12:00 p.m. – 12:50 p.m.**

**LUNCH**

**Boxed Lunches from *Stevens & Stevens Deli***

**1:00 p.m. – 1:50 p.m.**

**Option 1**

***Resources for Caregivers of Children with Epilepsy***

Laureen Vassil, R.N.  
*Kentucky Children's Hospital & Parent of a Child with Epilepsy*  
Lexington, Kentucky

**Option 2**

***Social Security & Epilepsy***

Debbie McGrath  
Executive Director  
*Epilepsy Foundation of Kentuckiana*

**2:00 p.m. – 2:50 p.m.**

**Option 1**

***IEP Training for Parents Part 1***

Michele Whitlock  
School Counselor  
*Jefferson County Public Schools*  
Louisville, Kentucky

**Option 2**

***Resources for Adults/Caregivers of Adults with Epilepsy***

Elizabeth Corman, M.S.W.  
Director of Client Services  
*Epilepsy Foundation of Kentuckiana*

**3:00 p.m. – 3:50 p.m.**

**Option 1**

***IEP Training for Parents Part 2***

Michele Whitlock  
School Counselor  
*Jefferson County Public Schools*  
Louisville, Kentucky

**Option 2**

***Get to Know Your Pharmacist***

**TBD**

**4:00 p.m. – 4:30 p.m.**

**Evaluations & Wrap-Up**

### **Children's Sessions**

- 8:30 a.m.** Breakfast with Parents/Caregivers
- 9:00 a.m.** Introduction
- 9:10 a.m.** Art Therapy Project 1
- 10:30 a.m.** Exercise Activity 1
- 11:00 a.m.** What Is Epilepsy?
- 11:30 a.m.** Lunch
- 12:15 p.m.** When People Ask, What to Say
- 1:15 p.m.** Art Therapy Project 2
- 2:30 p.m.** Exercise Activity 2
- 3:00 p.m.** Story & Discussion
- 3:30 p.m.** Games & Activities
- 4:30 p.m.** Time to Go Home

### **Special Thanks to Our Sponsors**

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