

# L.E.G.S. (Lansing Epilepsy Group for Support)

## Calendar of Events 2007

January	February	March
<p><b><u>9<sup>th</sup></u></b> Mia Cooke, MSW Health Educator, Epilepsy Foundation of Michigan</p> <p>Hear the basics of epilepsy, seizure recognition (including footage of the different types of seizures) and first aid with the <i>Seizure Smart</i> presentation.</p>	<p><b><u>6<sup>th</sup></u></b> Pictures of Hope</p> <p>An introduction to the Epilepsy Foundation of Michigan's programs, services and vision. Join us for free food and to hear our vision for Lansing. <b>RSVP to Toya Williams at 517-394-2103 or toya-williams@sbcglobal.net no later than January 31, 2007!</b></p>	<p><b><u>13<sup>th</sup></u></b> Daniel Peters, Masters Ltd. Psychology</p> <p>Have you ever wondered what might be triggering seizures? Research has shown that stress and anxiety have potential to trigger seizures. Mr. Peters will discuss stress and anxiety and then open the floor for questions.</p>
April	May	June
<p><b><u>10<sup>th</sup></u></b> Bowling at Holiday Lanes 3101 E. Grand River Ave. 6-8pm</p> <p>Mention the Epilepsy Foundation of Michigan and receive a discounted price of \$3 per person per game. Shoe rental is \$3. They also have a game room!</p>	<p><b><u>8<sup>th</sup></u></b> Daniela Minecan, M.D. Clinical Assistant Professor Director, Pediatric Epilepsy Laboratory</p>	<p><b><u>12<sup>th</sup></u></b></p> <p><b><u>Wildcard Event!</u></b></p> <p><b><u>To Be Announced!</u></b></p> <p><b><u>Stay tuned...</u></b></p>
July	August	September
<p><b><u>10<sup>th</sup></u></b> Marilyn Boes and Argon Paws with a Cause</p> <p>Meet Argon, a working service dog, and his handler Marilyn Boes as they share with us the world of seizure dogs and other service animals.</p>	<p><b><u>7<sup>th</sup></u></b> Citizens Alliance to Uphold Special Education (C.A.U.S.E.)</p> <p>This insightful organization educates families about their rights and how to navigate the school system. <b>RSVP to Toya Williams at 517-394-2103 or toya-williams@sbcglobal.net no later than July 31, 2007!</b></p>	<p><b><u>11<sup>th</sup></u></b> Sharon Morgan, RN, BSN Children's Special Healthcare Services</p> <p>Learn about this valuable resource for meeting the healthcare needs of a child with epilepsy.</p>
October	November	December
<p><b><u>23<sup>rd</sup></u></b> Halloween Party!</p> <p>It'll be a Spook-tacular time!</p>	<p><b><u>13<sup>th</sup></u></b> Movie Night!</p> <p>Have some popcorn and settle in for 3 insightful videos dealing with seizure recognition, family life with epilepsy, and the perspective of siblings.</p>	<p><b><u>11<sup>th</sup></u></b> Holiday Party!</p> <p>Come celebrate the spirit of the season!</p>

All speakers and events take place from 6-8pm at the Sparrow Hospital Professional Building,  
1200 E. Michigan Avenue, Room B on the second floor, unless otherwise specified.

Have questions about the group or an event?

For more information or to join the mailing list, please contact Mia Cooke at 616-454-7979 or  
mcooke@epilepsymichigan.org, Toya Williams at 517-394-2103 or toya-williams@sbcglobal.net.